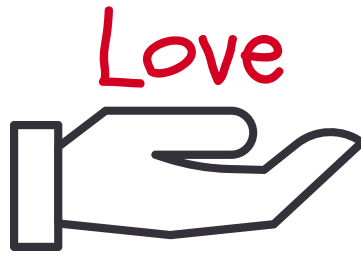


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You

Thank you for downloading the "I Love, Love, Love, Love, Love You" Valentine's Day lesson. This lesson will teach children five ways to show love to others, especially their parents. It is based on the 5 Love Languages by Gary Chapman. To learn more about it and the different books on this subject, you can visit [5lovelanguages.com](http://5lovelanguages.com).

A simplified summary is that we perceive love differently. For example, one person may feel loved by hearing the words "I love you" while another may feel loved when other people help him/her out.

These different ways of perceiving love is collectively called the 5 Love Languages and they are:

1. Words of Affirmation
2. Acts of Service
3. Receiving Gifts
4. Quality Time
5. Physical Touch

This lesson will challenge children to think of different ways to show their parents love on Valentine's Day. Encourage them to express their love in 5 different ways since we don't know the Love Language of their parents!

Feel free to get creative and include more ideas other than the ones in this lesson. Enjoy and Happy Valentine's Day!

- Angela of Kidmin Together



## **ICEBREAKER**

In how many languages can you say the word love?

(Allow the kids to give you their answers. You can also learn a few languages and teach them.)

Say: Today we're going to learn 5 different ways to tell someone - like our parents - "I love you." These are 5 different ways and not different languages.

## **BIBLE VERSE**

You can write the Bible verse on a white board or poster, or ask the kids to look it up in their Bibles.

"Do everything in love." 1 Corinthians 16:14 (ICB).

Say: The Bible tells us to do *everything* in love. What does that mean? Everything means everything! The way we talk to others. The way we treat others, even people mean to us. The way we forgive. How about the way we get angry? Yes! We all get angry, but we don't have to hurt other people when we do. Also, instead of slamming doors or yelling, we can spend time alone praying to God.

Say: Valentine's Day is a great time to show love to our parents. I told you we will learn 5 different ways to show love. Here they are:

(The Love Languages names have been changed to something younger kids can understand. Use whichever ones your kids will easily understand):

1. Loving Words (Words of Affirmation)
2. Being Helpful (Acts of Service)
3. Special Gifts (Receiving Gifts)
4. Special Time Together (Quality Time)
5. Loving Hands (Physical Touch)

## LESSON

It might be helpful to write down the 5 Love Languages where your children can see them, or print out the graphics (included at the end) for non-readers.

Say: I'll explain what these 5 ways to show love mean, and I want you to think of ideas that go along with each way, okay?

### Loving Words (Word of Affirmation)

Say: This one is easy. One way we can show love is with our words. To our parents, we can say things like:

1. I love you.
2. You're my friend.
3. Thank you for always helping me with my homework.
4. I appreciate all the food you cook. They're delicious!
5. You're the best mom/dad because you tuck me in at night.

Ask: What are other things you can tell your parents on Valentine's Day?

Say: Those are great answers! We will make a card later on and you can write some of these answers in the card.

### Being Helpful (Acts of Service)

Say: This is an easy one, too. The second way we can show love is by being helpful without being asked or told to. Some ways we can help our parents are:

1. Washing the dishes.
2. Folding the laundry.
3. Washing their car.

Ask: Think of chores your parents do that you can do for them even if you don't like doing it. What are those chores you can do?

Say: Great! I challenge you do surprise your parents by doing that one chore!

### Special Gifts (Receiving Gifts)

Say: Gifts are great and the third way we can show love. It has to be a special gift, though, something you know your parents would want. Think of what your parents like. Do they like to dance? Do they like to read? Do they like to play sports?

Say: A special gift cannot be just anything because then it's just normal. It is special if it shows how much you *love and know* your parents. It doesn't have to be expensive. It just has to mean something.

Ask: What are some special gifts you can give to your mom or dad? Why do you think that would be a special gift? (Allow kids to answer).

Say: Great answers! Do you think you can get those gifts for your parents? (It's a great idea to have a box of art materials ready in case your kids give ideas that are easy to whip up. If you a ministry store or prize box, this could be nice time to let the kids "buy" a gift with Bible bucks. Also, a DIY personalized gift is one of the Activity options in this lesson.)

### Special Time Together (Quality Time)

Say: If we're very busy, it might be hard to have Special Time Together, but this is the fourth way we can show love. It's not just time together, it's *special* time together. Some ideas are:

1. A special board game night playing a game your parents like.
2. A walk in the park or exercising together.
3. A special meal you surprise your parents with. Don't forget to clean up!

Ask: What are ways you can have Special Time Together with your parents?

Say: These are great! In the card we will make, you can include an invitation for your parents to join you in one Special Time Together.

## Loving Hands (Physical Touch)

Say: The last way we can show love doesn't need any props or cards or anything. It just needs our Loving Hands. Some ideas we can show our parents Loving Hands are:

1. A big hug
2. A kiss on the cheeks
3. A fist bump

Ask: Can you think of other ways to show Loving Hands to your parents?

Say: I have a challenge for you! Come up with a special handshake and teach it to your parents!

## **ACTIVITIES**

Below are two activities you can do with your kids to help them show love to their parents. Remind them of the challenges like surprising their parents by doing a chore (Being Helpful) and coming up with a special handshake (Loving Hands).

### Make a Card

Let the kids make cards for their parents. Remind them to include Loving Words and an invitation for a Special Time Together.

### Make Special Gifts

Those with the Love Language of Receiving Gifts are not shallow. They desire to be known and remembered, which is why any ol' gift won't work. If the gift shows that the gift giver knows and remembers them, that gift - no matter its value - would mean the world.

If you don't have a prize box or ministry store, you can help your kids make personalized DIY gifts. Start with something blank and generic, like a canva or a wooden box. Guide your kids to think of what makes their parents special (what they like, what they're like). Provide different art materials for the kids to make the gift special for their parents.

# Loving Words



Words of Affirmation

# Being Helpful

Love



# Acts of Service



# Special Gifts



Receiving Gifts

# Special Time Together



Quality Time

# Loving Hands



Physical Touch